



WORLD SOCIETY OF ANTI-AGING MEDICINE Trainings & Certifications

Courses coordinator: **Thierry Hertoghe, MD**

COURSES CONDUCTED IN
ENGLISH



AAMS - Anti-Aging Medicine Specialisation

Post University Certificate, 2-Year Program

Program in 6 modules (240 hrs) - 3 modules per year (120 hrs)

Created in 2002, the most renowned Anti-Aging training in the World

MODULE 1

SEPTEMBER 20 21 22 23, 2008

PARIS FACULTY OF MEDICINE



IHS - Hormone Therapies Specialty

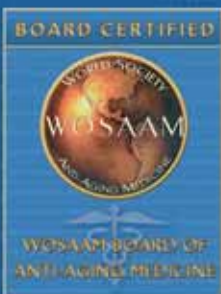
Fellowship in Hormone Therapies

6 modules per year (150 hrs) - Up to Masters (400 hrs)

3 Levels of Hormone Therapy Certification - Certificate, Diploma & Masters

MODULE 2

OCTOBER 15 16, 2008



WOSAAM BOARD CERTIFICATION

Board Certifications in Anti-Aging therapies

Self training, review and Board Exam during congresses

Different Board certifications specialties - Learning material provided

NUTRITION & ANTI AGING

OCTOBER 19, 2008



CME Credits

Become a member on line & information

www.wosaam.org





Post-University Diploma AAMS

COURSES CONDUCTED IN
ENGLISH

Anti-Aging Medicine Specialization

Created in 2002 and entering its 6th year, the **Anti-Aging Medicine Specialization** is famous worldwide as the most advanced scientific training in Preventive, Longevity and Anti-Aging Medicine.

The AAMS program (Anti-Aging Medicine Specialization) is a 2-year PROGRAM (240 Hours) for an international Post-University Certificate in Anti-Aging Medical Therapeutics for physicians with leading international Speakers.

Presentation of the training:

It consists on **6 different modules of 40 Hours** spread on a 2-Year period (3 modules per year), proposed as follows for each educational year:

- 2 times 4-Days Seminars completed by 2 days of self video learning

Precision: A complete module represents a total of 40 hours (6 days X 7 hrs /day), composed as follow by:

- The participation to the 4 days seminar (4 days X 7 hrs = 28 hrs)
- The complementary 2 days of self-video learning (2 days X 7 hrs = 14 hrs)

- 1 time 6-Days spring Seminar (usually in May or June each year).

Educational Year: It starts in September and finishes in June.

Certificates: Next to the global certificate for Anti-Aging Medicine Specialization, participants receive a separate certificate for each seminar they attend.

AAMS is a continuous course repeating each 2 years, you can join at any time and continue your training until you attend all the modules.

Core of the Course:

- Provide more practical information to physicians on how to efficiently and safely practice Anti-Aging medicine.
- Provide university level efficient courses with complete theoretical and practical information on each important topic of Anti-Aging medicine.
- Provide certificates that attest the attendance of a physician to such courses, his participation in practical sessions and following the level of competence a physician has achieved, attest the successful passing of the exam on the entire field of Anti-Aging medicine.

Only licensed physicians may attend the full 2-year program as the successful passing of the written exam certifies that the physician has an adequate knowledge to prescribe Anti-Aging therapies (including hormone replacement therapies).

FIRST YEAR PROGRAM

Module 1 SEPTEMBER 20-21-22-23, 2008

SENESCENCE, EXERCISE AND ENDOCRINOLOGY

- ♦ THE ABC OF LIFESPAN MEDICINE
- ♦ SENESCENCE
- ♦ JUVENILE ANTI-AGING MEDICINE
- ♦ PHYSICAL EXERCISE
- ♦ ELECTROLYTE AND PH BALANCE
- ♦ CHRONIC FATIGUE SYNDROME
- ♦ PRACTICAL CASES OF PATIENTS WITH CFS
- ♦ INTERACTIVE SESSIONS - MINI-EXAM
- THE ENDOCRINE SYSTEM: A REVIEW
- HORMONE ACTIONS: AN OVERVIEW
- ♦ FACTORS THAT IMPACT ON THE ENDOCRINE SYSTEM
- ♦ EFFECTS OF HORMONE THERAPIES
- ♦ HORMONE LAB TESTS AND TREATMENT: OVERVIEW
- ♦ THYROID DEFICIENCY♦ INTERACTIVE SESSIONS - MINI-EXAM

Module 2 JANUARY, 29-30-31 FEB. 1st, 2009

DIETARY, ENVIRONMENTAL & MAJOR ANTI AGEING THERAPIES

- ♦ THE ABC OF LIFESPAN MEDICINE
- ♦ MACRONUTRIENTS AND HEALTH AND LIFESPAN:
- ♦ DIGESTIVE SYSTEM AND CANCER PREVENTION
- ♦ DYSBIOSIS
- ♦ CANCER PREVENTION AND ADJUVANT TREATMENT
- ♦ OBESITY MANAGEMENT
- ♦ POLLUTION AND HEALTH
- ♦ INTERACTIVE SESSIONS - MINI-EXAM
- ♦ FACTORS THAT IMPACT ON THE ENDOCRINE SYSTEM
- ♦ HORMONE, APPETITE AND OVERWEIGHT
- ♦ ADRENAL HORMONES
- ♦ PINEAL HORMONE
- ♦ FAMOUS PEOPLE
- ♦ INTERACTIVE SESSIONS - MINI-EXAM

Module 3 MAY, 2009 Dates to be confirmed

PSYCHOLOGY AND SEXUAL ENDOCRINOLOGY

- ♦ THE ABC OF LIFESPAN MEDICINE
- ♦ PSYCHOLOGICAL ATTITUDES
- ♦ SEXOLOGY
- ♦ INTERACTIVE TREATMENT SESSIONS
- ♦ NEUROLOGY
- ♦ MICRONUTRIENT SUPPLEMENTATION & SEXUAL DYSFUNCTION AND PSYCHIC DISORDERS
- ♦ PRACTICAL CASES OF PATIENTS WITH SEXUAL DYSFUNCTIONS
- ♦ INTERACTIVE SESSIONS - MINI-EXAM
- ♦ PSYCHIC AND SEXUAL FACTORS THAT IMPACT ON THE ENDOCRINE SYSTEM
- ♦ FEMALE HORMONES
- ♦ ANDROGENS IN MEN
- ♦ ANDROGENS IN WOMEN
- ♦ PROGESTERONE THERAPY OF MEN

EXAMINATIONS

There will be the possibility to **pass a written examination at the end of each module** (3hrs).

An examination validates each module. You can take the examination at the end of the module or at the end of any next one.

MARK YOUR CALENDAR

First year, 3 modules:

Module 1: September 20 to 23, 2008 - PARIS

Module 2: January 29 to February 1st, 2009 - PARIS

Module 3: May 2009 - Date and venue to be precised

VENUE MODULE 1:

Université Paris Descartes

Centre Universitaire des Saints-Pères

Service Intérieur 45, rue des Saints-Pères

75270 Paris cedex 06

Download complete program: <http://www.euromedicom.com/aams08.pdf>



International Hormone Society

Hormone Therapy Specialty Fellowship in Hormone Therapies

COURSES CONDUCTED IN
ENGLISH



Society of advanced quality of life and longevity medicine-aiming hormone therapies

In most countries, the specialization of endocrinology is limited to practical hospital training with 2.5 to 3.5 years of internal medicine and 0.5 to 1.5 years of endocrinology. This endocrinology specialization is generally devoted to learning how to treat diabetes and thyroid dysfunction.

We propose to provide a complete training on possible Hormone Therapies related to prevention and Longevity medicine.

An international postgraduate program in hormone therapy in English, the Hormone Therapy Specialty, has been set up by the International Hormone Society (www.inthormonesociety.org).

The International Hormone Society is currently the third endocrine society in the world, with more than 1800 members just after 2 years of opening up its membership registration. The society is on the way to becoming the largest society of its kind.

As the International Hormone Society, its specialty in Endocrinology and Hormone Therapy is unique and open to physicians of all medical specialties.

It is internationally, by far the most complete program in endocrinology.

It covers all topics from physiology to endocrinology and neuroendocrinology, from hormone deficiencies, including the milder forms, to hormone excesses. It covers not only extensively the treatment of diabetes as it is the case of the traditional endocrinology

specialization, but also all other topics including all endocrine glands (hypothalamus, pineal, pituitary gland, thyroid, parathyroid, thymus, adrenals, liver, pancreas, gonads) and all the other tissues that participate in hormone production.

It also provides abundant information on how to improve various hormone levels by optimizing the diet, psychological attitudes, sleep, physical activities, and environment, always solidly backed up by scientific evidence. Workshops where leading international experts share their experience are capital in the training. You get here all the practical information you cannot get elsewhere. For all these reasons, the IHS specialty open to all medical specialties is a far more valuable training in endocrinology than the actual diabetology-endocrinology specialization.

The Specialty provides certificates that attest the attendance of a physician to such courses, and certificates for each exam passed.

IHS & AAMS COURSES AMONG THE INTERNATIONAL EXPERTS

Dr Malcom CARRUTHERS (UK)	Dr Hansjoerg LAMMERS (Germany)	M. Erik-Alexander RICHTER (Netherlands)
Dr Benoit CLAEYS (Belgium)	Dr M. Christine LHERMITTE (Belgium)	Dr Ron ROTHENBERG (USA)
Dr Claude DALLE (France)	Dr John van LIMBURG STIRUM (Belgium)	Dr Eugene SHIPPEN (USA)
Dr John DUNPHY (Ireland)	Dr Maciej MALECKI (Poland)	Dr Suzie SCHUDER (USA)
Dr Benoît EVERARD (Belgium)	Dr Sohail MANSOOR (UK)	Dr Adrian SLEE (UK)
Dr Jorge FLECHAS (USA)	Dr Denise MARK (USA)	Pr Pansak SUGKRAROEK (Thailand)
Dr Pascal GERARD (France)	Prof. Kenny de MEIRLEIR (Belgium)	Dr Jakob TEITELBAUM (USA)
Dr Malgorzata GODZIEJEWSKA Z. (Poland)	Dr Anna MODELSKA Z. (Poland)	Dr Pakpilai THAVISIN (Thailand)
Dr Thérèse HERTOGHE (Belgium)	Dr Jean MONRO (UK)	Dr Eric Van GUYSE (Belgium)
Dr Thierry HERTOGHE (Belgium)	Dr Georges MOUTON (Belgium)	Dr Ronald VIRAG (France)
Dr Martin HILL (Australia)	Prof. Imre Zs. NAGY (Hungary)	Dr Alain WALRAVENS (Belgium)
Dr Steven HOTZE (USA)	Dr Michel PERRING (UK)	Dr Samuel K. YUE (USA)
Dr Christophe de JAEGER (France)	Dr Walter PIERPAOLI (Switzerland)	Dr Adrian ZENTNER (Australia)
Dr Mario KRAUSE (Germany)	Dr Ascanio POLIMENI (Italy)	Pr Stefan ZGLICZYNSKI (Poland)
Dr Bruno LACROIX (France)	Pr Russel REITER (USA)	
Dr David LAI (Hong kong)	Dr Stéphane RÉSIMONT (Belgium)	And many other prominent speakers...

VENUE

SALONS AMPHI PEREIRE
100, boulevard Pereire
75017 Paris - FRANCE
Metro station Pereire Line 3



ORGANIZATION

EuroMediCom
29 bld de la République
92250 La Garenne-Colombes - FRANCE
Tel : +33 (0)1 56 83 78 00
Fax : +33 (0)1 56 83 78 05

Download complete program at: <http://www.euromedicom.com/ihs08.pdf>

IHS PROGRAM DETAILS, October SEMINAR MODULE 2

October 15 & 16 of 2008 - First Year



Opening the EMAA Congress October 17-18-19, 2008



Thierry Hertoghe, MD
Course Director

The registration opens at 7:30 am the first day
Course schedule: 8:30 am - 6:00 pm

VENUE

SALONS AMPHI PEREIRE
100, boulevard Pereire
75017 Paris - FRANCE
Metro station Pereire Line 3

Wednesday October 15

DERMATOLOGICAL ENDOCRINOLOGY: how hormone therapies may help and even cure the following diseases

- Acne
- Dry skin
- Thin skin
- Skin elasticity loss
- Hyperpigmented spots
- Premature aging skin

10.00 am - 10.30 am - Refreshments Break

- Eczema, psoriasis
- Mycosis
- Hirsutism
- Vulvar lichen

12.30 pm - 2.00 pm - Lunch

HAIR LOSS

- Alopecia totalis
- Alopecia diffusa
- Alopecia pelada (in plaques)
- Alopecia androgenetica (male pattern hair loss)

4.00 pm - 4.30 pm - Refreshments Break

- Grey hair
- Poor wound healing: surgical, infected
- Petechiae, hematomas

KELOIDS

VARICOSE VEINS

Thursday October 16

AESTHETICAL ENDOCRINOLOGY DIGIVISION/VIDEO DG-TH: Aesthetical applications of hormone therapies with practical patient cases

- How to promote body appearance with hormone replacement therapies; per hormone: short overview
- **Wrinkles:** frontal, eye corners, naso-labial fold, ..
- **Eyes:** dry eyes, swollen eyelids, conjunctivitis, dark circles under the eyes, sunken eyes, excessive protrusion of eyebrows

- **Nose:** swollen

- **Face:** hypotrophy of the jaw bones, chin hypotrophy, sagging cheeks, too thin face

- **Mouth:** gum retraction, thin lips, swollen lips, gingivitis

10.00 am - 10.30 am - Refreshments Break

- **Shoulders and arms:** muscle wasting

- **Hands:** how hormones influence the beauty of the hands

- **Body silhouette:** sagging, scoliosis, kyphosis, lordosis, excessive thinness, overweight

- **Chest:** gynecomastia

- **Abdomen:** fat belly, droopy belly

12.30 pm - 2.00 pm - Lunch

THIGHS: cellulite, sagging inner sides of the thighs
VVi-TH

- **Legs:** varicose ankle ulcers

- **Feet:** flat feet, osteoarthritis deformation

- **Longevity Endocrinology:** Basic mechanisms

4.00 pm - 4.30 pm - Refreshments Break

LONGEVITY ENDOCRINOLOGY

- Hormone therapies that help you live longer and in which conditions, how much longer can we live with corrective hormone treatments?

EXAMINATION

You will obtain your certificate of attendance at the end of this module.

A complementary examination validates each module. You can take the examination at the end of the module or at the end of any next one. **In this case, it is obligatory to register at least 21 days (3 weeks) before** the examination session to be able to pass it.

MARK YOUR CALENDAR

6 modules during the year

Module 1: Sept 20-21-22-23, 2008 - PARIS

Module 2: Oct. 15-16, 2008 - PARIS

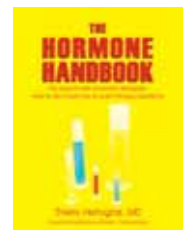
Module 3: Jan. 29 - Feb. 1st, 2009 - PARIS

Module 4: March 17-18, 2009 - MONACO

Module 5: May 2009 - 4 Days - To be precised

Module 6: June 5-7, 2009 - BRUSSELS

Get the more complete Book on treatments and Bibliography on HORMONE THERAPIES!



THE HORMONE HANDBOOK
by Thierry Hertoghe, MD

250 Euros

WOSAAM ANTI-AGING MEDICAL TRAININGS & CERTIFICATIONS

The **WOSAAM - World Society of Anti-Aging Medicine**, proposes different types of trainings in Anti-Aging Medicine for the physician.

On October 17 to 19 the fourth European Congress of Anti-Aging Medicine will be organised by the WOSAAM (www.wosaam.org). The World Society of Anti-aging Medicine is currently the fastest growing international society in anti-aging medicine in the world with over 5600 physicians as members. Its two approved Board certifications, the Board certification in Anti-Aging medicine and the Board certification in Nutritional Medicine, are open to physicians of all medical specialties.

Prior to the congress and Board certifications two complete Post-University trainings are proposed, the **AAMS - Anti-Aging Medicine Specialisation** and the **IHS - Hormone Therapies Specialty**.

Certificates & Degress Awarded

There will be the possibility to **take a written examination at the end of each module** (3hrs).

An examination validates each module. You can take the examination at the end of the module or at the end of any next one.

Obligatory Registration. You have to **register at least 21 days (3 weeks) before** the examination session to be admitted.

AAMS - Anti-Aging Medicine Specialisation - Certificates

Six different kinds of certificates will be delivered:

- Certificate of attendance to each module
- Certificate of specialisation for each module - After successfully passing the Exam
- Certificate of Post-University Education in Anti-Aging Medical therapeutics - at the end of the 1st Year (120 Hrs)
- Certificate of Post-University Education in Anti-Aging Medical therapeutics - at the end 2nd Year (120 Hrs)
- Certificate of Post-University Education in Anti-Aging Medical therapeutics - After accomplishment of the 2 Years (240 Hrs)
- **Certificate of Anti-Aging Medical therapeutics**, delivered after termination of the complete program and successfully passing of the **FINAL EXAMINATION** (multiple choice questions & Practical written cases).

IHS - Endocrinology Hormone Therapies Specialty - Certificates

Six different kinds of degree will be awarded:

The EHTs offers you intermediate degrees and formations (advanced hormone therapy course 1 and 2, diploma and masters in expert endocrinology and hormone therapy) with at the end of each one a board certification or diploma. The complete formation over three years is 400 hours, smallest is about 40 hours (one module of 6 days). Moreover, a certificate of attendance to each seminar is granted.

- Certificate of attendance - To each Seminar
- Certificate of competence for each module - After successfully passing the Exam
- Hormone Therapy Initiation Certificate - 60 Hrs (9 days) - A high quality introductory course in hormone therapy consisting of 3 seminars plus an exam.
- 1st Year: **Basic Hormone Therapy Certificate** - 150 Hrs (21 Days) - Basics with practice hints, plus exam.
- 2nd Year: **Hormone Therapy Specialty Diploma** - 240 Hrs
- 3rd Year: **Hormone Therapy Specialty Masters** - 320 Hrs of Courses + 80 Hrs of Thesis. Adds a third year (masters): of at least 80 hours of courses with a thesis (an extensive review of the literature on an endocrine topic or a specialized research project), plus exam and thesis submitted and formatted for publication.

Exams - Rules & Conditions

An **AAMS** or **IHS** certificate or Diploma in Hormone Therapy requires passing an exam for each module. The exams are always written and multiple choice.

For the 2nd and 3rd years of the IHS specialty, there is a theoretical multiple choice test and an exam that covers the practical application of knowledge with a patient



Become a WOSAAM Board Certified physician in Anti-Aging Medicine and Nutrition

The **WOSAAM - World Society of Anti-Aging Medicine**, is considered as the fastest growing scientific Society representing today over 5000 physicians from 120 nations in the clinical specialty of anti-aging medicine (Preventive, Longevity, Well ageing and Aesthetic medicine).

In view to expand this knowledge and offer to the physician appropriate scientific qualification, the WOSAAM proposes two **Board Certification Examinations**.

Your position as a **WOSAAM Board Certified** will enhance your status in the eyes of your patients and colleagues with a **titled position** in a **major international scientific society**.

Rules & Conditions:

Register to the WOSAAM Board Certification and receive the learning material (Books, scientific publications, Audio and Videos) to prepare the examination.

Previous to the exam (usually one or two days) an expert will present a 3 hours Review on the main topics of the certification.

• BOARD CERTIFICATION IN ANTI-AGING MEDICINE

Review: October 18, 2008 - 6.00 pm - 9.00 pm

Examination session: Sunday October 19, 2008
12.30 pm - 3.30 pm

• BOARD CERTIFICATION IN NUTRITIONAL MEDICINE

Review: October 17, 2008 - 6.00 pm - 9.00 pm

Examination session: Sunday October 19, 2008
9.00 am - 12.00 pm

Family Name First Name

Institution & Specialty

Address

.....

Zip code City Country

Tel. Fax

E-mail

(CAPITAL LETTERS PLEASE)

IHS

PARIS - October 15-16, 2008

Oct: 15 16

Mod 2 Examination IHS - Module 1 or Module 2

(Choose your EXAM)

BEFORE Sept 20, 2008	AFTER Sept 20, 2008
<input type="checkbox"/> 700 €	<input type="checkbox"/> 800 €
<input type="checkbox"/> 380 €	<input type="checkbox"/> 430 €
<input type="checkbox"/> 230 €	<input type="checkbox"/> 250 €

DAILY RATE - Less than the full seminar X number of days of attendance
x ___ Day(s) of attendance

ORDER NOW! - THE HORMONE HANDBOOK - By Thierry Hertoghe 250 €



AAMS

DELEGATE ONE YEAR 3800 € - 14 days (Videos not included - Registration remains valid during a period of 2 years)

PARIS - September 20 to 23, 2008

Sept: 20 21 22 23
Course DVDs, for 2 days of self Video learning
Examination

Mod 2 **PARIS - January 29th to February 1st, 2009**
Jan: 29 30 31 Feb -1
Course DVDs, for 2 days of self Video learning
Examination

Mod 3 **SPRING SEMINAR 6-day**
May 2009 - Dates & place to be precised
Examination

BEFORE Sept 20, 2008	AFTER Sept 20, 2008
<input type="checkbox"/> 1200 €	<input type="checkbox"/> 1300 €
<input type="checkbox"/> 350 €	<input type="checkbox"/> 380 €
<input type="checkbox"/> 500 €	<input type="checkbox"/> 500 €
<input type="checkbox"/> 230 €	<input type="checkbox"/> 250 €
<input type="checkbox"/> 1200 €	<input type="checkbox"/> 1300 €
<input type="checkbox"/> 350 €	<input type="checkbox"/> 380 €
<input type="checkbox"/> 500 €	<input type="checkbox"/> 500 €
<input type="checkbox"/> 230 €	<input type="checkbox"/> 250 €
<input type="checkbox"/> 1850 €	<input type="checkbox"/> 1950 €
<input type="checkbox"/> 350 €	<input type="checkbox"/> 380 €
<input type="checkbox"/> 230 €	<input type="checkbox"/> 250 €

DAILY RATE - Less than the full seminar X number of days of attendance
x ___ Day(s) of attendance
x ___ Day(s) of attendance
x ___ Day(s) of attendance

BOARD WOSAAM

IT IS POSSIBLE TO PASS THE TWO BOARD CERTIFICATIONS

- Board Certification in Anti-Aging Medicine** SELECT
Examination Sunday October 19th - 12.30 pm - 3.30 pm
- Board Certification in Nutritional Medicine** SELECT
Examination Sunday October 19th - 9.00 am - 12.00 am

BEFORE Sept. 20, 2008	AFTER Sept 20, 2008
Learning Material (Textbooks, Cds, Videos...)	Learning Material (Textbooks, Cds, Videos...)
<input type="checkbox"/> 350 € x ___	<input type="checkbox"/> 400 € x ___
Board Examination	Board Examination
<input type="checkbox"/> 1450 € x ___	<input type="checkbox"/> 1550 € x ___

Review on October 18th - 6 pm to 9 pm

Review on October 17th - 6 pm to 9 pm

I hereby pay my registration for an amount of:

Total in Euros

- Bank CHECK** in € payable to **Euromedicom** (Europe only)
- Bank transfer** in € payable to **Euromedicom** - Do mention "**AAMS08**" on your Bank transfer documents. with your transfer and add + 15 € for bank charges

VERY IMPORTANT: Payment by **bank transfer** must be received **at least 10 days before the course**. Passed this limit we will not be able to process and consider your transfer and you will have to make your **PAYMENT ON SITE**.
OBLIGATORY: You must **INDICATE THE PARTICIPANT NAME + "AAMS08"** on your bank transfer.

HSBC HERVET ASNIERES

IBAN: FR92 3036 8000 8400 8416 G000 161	Account holder: Euromedicom SARL	Branch code: 00086
SWIFT - BIC: BHVTFRPP	Account number: 008416G001	Bank code: 30368
		Key digits: 61

- Credit Card:** Visa Amex EuroCard/Mastercard Diners Club

Credit card number:

Card holder's name: _____

Expiry date: _____ 3 digits code (obligatory)

Signature

- I am interested in attending the **WOSAAM courses**, please **send me more information**.

CANCELLATION POLICY

+30 days before: Refund -10 % • +15 days before: Refund -50 % • -15 days before: No refund - Cancellation will be processed one month after the Congress

ORGANISATION & REGISTRATION: EuroMediCom

29, Boulevard de la République - 92250 La Garenne Colombes - France
Tel: +33 1 56 83 78 00 - Fax: +33 1 56 83 78 05 - AAMS@euromedicom.com