Antiaging Medicine And Research

(AMAR)

presents





INDOMEDICON® - 2020

9th Antiaging Medicine And Research Conference.

"Out of the Box thinking in Medicine"

30th & 31st May 2020

Hotel Kohinoor Continental, Andheri (East), Mumbai 400059



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Greetings







Dear Patron,

Greetings!!!

We are pleased to inform you that "Antiaging Medicine And Research (AMAR)" has announced "INDOMEDICON®-2020: The 9th Antiaging Medicine And Research Conference". It will be held on 30th and 31st of May' 2020 at Mumbai.

"Antiaging Medicine And Research (AMAR)" is a Society of Doctors having thousands of members across the country.

Through its network (World AntiAging Network), AMAR has thousands of members globally also.

Through its Conferences, Seminars and Workshops, **AMAR** has been actively involved in promotion and Training of Medical Advancements to its members and non-members.

Till date, Antiaging Medicine And Research (AMAR) has successfully conducted:-

- 8 Conferences
- More than 100 workshops/Seminars

We, at "Antiaging Medicine And Research (AMAR)" strongly believe that:

- Learning medicine is a continuous and dynamic process.
- "Out of the Box thinking is the fo<mark>undation of Innovations in Medicine".</mark>

In an attempt to bring the "Out of the box ideas in medicine" on a platform and to discuss and debate about them, AMAR has kept the theme of "INDOMEDICON® 2020" as: "Out of the Box thinking in Medicine"

To know more about **Antiaging Medicine And Research (AMAR)** plz visit www.antiagingindia.com

To know more about INDOMEDICON®, please visit www.indomedicon.com

Looking forward for your participation in forthcoming "INDOMEDICON® 2020" and welcome you in Mumbai.

Regards,

Dr. Deepak Anjana V. Chaturvedi

M.B.B.S.; M.D.(Medicine)

Co-founder & President : Antiaging Medicine And Research (AMAR)

Co-founder: World AntiAging Network (WAAN)

President: INDOMEDICON®

TOPICS: INDOMEDICON® - 2020







A1Out of the Box thinking in Longevity Medicine :

- 1. *Introduction to "Antiaging Medicine".*
- 2. Practical approach to "Antiaging Medicine".
- Gene Therapy to reverse biological Age. How for are we from the reality? How much should we stay 3. away from commercial claims?
- Telomere length Assay? How practical, economic and realistic this assay is in predicting longevity? 4.

B] Out of the Box thinking in Cardiology:

- Non pharmacological management of Hyperlipidemia. What is the role of nutritional supplements 1. and nutraceuticals?
- 2. ESMR - New Non Invasive technology to treat Coronary Artery Diseases.
- Role of L-Carnitine and CoQ-10 in Cardiology. 3.
- 4. Potential role of Regenerative Medicine using APSC / VSEL in Cardiology.
- 5. Importance of "Annual/Periodic Cardiovascular Health Check-up".

C] Out of the Box thinking in Oncology:

- Cytotron "Made in India" technology with a potential to revolutionize "Cancer treatment" 1. worldwide
- 2. "Circulating Tumor Cells (CTC)" as the early screening test for Cancer.
- 3. Immunotherapy in Cancer Management.

Out of the Box thinking in Surgery: D

- 1. Out of the Box Management of Bladder Dysfunction of Aging.
- 2. "Ageless Bones, Timeless Joints - Myth or Reality"

E] Out of the Box thinking in Endocrinology:

- Managing Hashimoto's Thyroiditis with nutritional supplements and dietary modification: A fad or 1. a truth!
- 2. Managing Polycystic Ovary Disease (PCOD) with nutritional supplements and Dietary modification.
- Preventive roles of Menopausal Hormone Replacement Therapy (HRT) 3.

F] Out of the Box thinking in Neurology:

- How does "Stem Cell Therapy" work in patients of Neuromuscular Disorders [Motor Neuron Disease 1. (MND) and Muscular Dystrophy]?
- 2. Mechanism of action of Stem Cell Therapy in managing Neurovascular disorders (Dementia & Stroke)
- 3. Hormone Replacement in Neurology.

G] Out of the Box thinking in Immunology:

- 1. Vitamin D mega therapy to manage Auto immune disorders.
- 2. Possible mechanism of action of "BCG Vaccine" treatment in regenerating β -Cells of Pancreas in Diabetes Mellitus Type 1.
- Ozone therapy in Autoimmunity. 3.

H] Out of the Box thinking in Obesity Management:

- HCG Diet / Keto Diet / Atkin's Diet 1.
- 2. Amplification of response of "Dietary restriction" by adding "Zerona" treatments.
- "Obstructive Sleep Apnoea (OSA)" management to control Obesity. 3.

TOPICS: INDOMEDICON® - 2020







I] Out of the Box thinking in Dermatology & Aesthetics:

- 1. Common Conditions where Dermatologists and physicians need to come together as a team.
- 2. Let's understand "Hair Transplantation Procedure" in 20 minutes.
- 3. Non Facial uses of Dermal Fillers in Aesthetic Medicine.
- 4. Unconventional uses of "Platelets Rich Plasma (PRP) in Aesthetics".
- 5. Purified Protein Derivative (PPD): A novel approach for the treatment of Warts (HPV)
- 6. Out of the Box management of Macular Amyloidosis and Hyperpigmentation.
- 7. Hormones in Aesthetics

J] Out of the Box indications of Nutritional Supplements & Nutraceuticals :

- 1. Mitochondrial Biogenesis Healing Your Cells for Longevity, Fitness & Energy
- 2. Vitamin C in Health and Wellness.
- 3. Potential role of "Glutathione" in Medicine.
- 4. Benfotiamine in Medicine
- 5. Out of the Box indications of EDTA.

K] Out of the Box thinking in Dietetics:

- 1. Choice of Edible Fat for Wellness & Wellbeing.
- 2. "Intermittent Fasting" and "Periodic Fasting".

L] Out of the Box indications for Hormones:

- 1. DHEA
- 2. Melatonin
- 3. Growth Hormone
- *4. T3* (*Triiodothyronine*)

M] Let's go out of the box to understand some legality in Medical Practice:

- 1. Understanding NMC Bill from practising doctor's perspective.
- 2. Know the "Magic Remedy Act" before implementing Out of the Box treatments in Medicine.

N] Is it time now to really think out of the Box?

1. Artificial Intelligence (AI) in Medicine and Surgery.

O] Out of the Box thinking in Pharmacology:

- 1. Marijuana/Cannabis in Medicine
- 2. Pentosaan in Medicine.

P] Out of the Box thinking in Psychiatry:

- 1. Role of L-Methylfolate in Psychiatry.
- 2. Out of the box management of Schizophrenia by Nutritional Supplements and Antioxidants.

Q] Miscellaneous:

1. What a Doctor should advice to the marathon runners?

SPEAKERS: INDOMEDICON® - 2020









Dr. Deepak Anjana V. Chaturvedi
M.B.B.S.; M.D. (Medicine)
Consultant Metabolic, Hormones & Antiaging Physician,
Wellness Coach, Lifestyle Consultant and Motivational Speaker.
Co- Founder & President: Antiaging Medicine And Research (AMAR)
President: INDOMEDICON®







Dr. Sanjay PandeyM.B.B.S.; M.S.; M.Ch. (Urology)
Interventional Urologist & Andrologist

Dr. Alok SharmaM.B.B.S.; M.S.; M.Ch. (Neurosurgery)
Professor, Neurosurgeon, Neuroscientist &
Stem Cell Therapy Expert





Dr. Nivedita D. Moulick *M.B.B.S; M.D. (Medicine) Consultant Physician and Endocrinologist*

Dr. Harish BajajMBBS, MD (Medicine),DM (Cardiology),
Fellow in Interventional Cardiology
(Germany, Italy, Switzerland, Netherlands, USA)
Consultant Interventional Cardiologist



Dr. Sukhbinder Singh Sibia
M.B.B.S; M.D. (Medicine)
Consultant Physician, Diabetologist and Clinical
Cardiologist. (EECP, Chelation Theraphy, RFQMR Expert)





SPEAKERS: INDOMEDICON® - 2020









Dr. Parimal Swamy M.B.B.S.; M.D. (Medicine) Consultant Physician, Diabetologist and Clinical Cardiologist

Dr. Gurunath S. Habib M.B.B.S., M.S (General Surgery) Consultant General Surgeon and Chelation Therapy Expert





Dr. Anupam Shrivastava M.B.B.S; M.D. (Medicine), Diplomate in Cardiology; F.C.C.P Consultant Physician and Non Invasive Clinical Cardiologist (EECP and Chelation Therapy Expert)

Dr. Rajiv Saxena M.B.B.S.; D.V.D Consultant Dermatologist and Cosmetologist





Dr. Shyamlal Khanna *M.B.B.S.; M.D. (Psychiatry)* Consultant Psychiatrist

Dr. Sandeep Bhasin M.B.B.S; MS (General Surgery) Consultant Cosmetic and Laparoscopic Surgeon





Dr. Smita Chakote M.B.B.S.; M.D (Dermatology) Consultant Dermatologist

Dr. Renu Mahtani M.B.B.S; M.D.(Medicine); Fellowship in Metabolic & Nutritional Medicine (FMNM,USA) Consultant Physician for Autoimmune and Metabolic Disorders

SPEAKERS: INDOMEDICON® - 2020

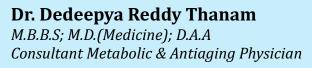








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Dr. Pravin Gaikwad *M.B.B.S.;M.D(Paediatrics), DCH, PGDAP Consultant Paediatrician & Fitness Expert*





Dr. Simple AherM.B.B.S.; FCPS; DDV; M.D. (Dermatology)
Consultant Dermatologist, Cosmetologist &
Trichologist

Dr. Shaurya Rohtagi *M.B.B.S.;M.D. (Dermatology) Consultant Dermatologist, Cosmetologist & Trichologist*





Dr. Pallavi Rathi *M.B.B.S.; FCPS; DDV; M.D. (Dermatology) Consultant Dermatologist, Cosmetologist & Trichologist*

Dr. Mili Arpan ShahB.H.M.S.; MS (Counseling & Psychotherapy)
Homeopathy & Ozone Therapy Expert



Dr. Geeta Dharmatti *M.Sc.;Ph.d; R.D Clinical Nutritionist & Registered Dietician*







30th & 31st May 2020

Hotel Kohinoor Continental

Andheri (East), Mumbai - 400059

Registration Form

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Account Number: 6018061959

Bank: Indian Bank

Branch: Oshiwara, Andheri (W), Mumbai - 400053

IFS/RTGS/NEFT Code: IDIB0000011

Swift Code: IDIBINBBTSY

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ORGANIZING COMMITTEE: INDOMEDICON® - 2020









Dr. Deepak Anjana V. Chaturvedi M.B.B.S.; M.D. (Medicine) Consultant Metabolic, Hormones & Antiaging Physician, Wellness Coach, Lifestyle Consultant and Motivational Speaker.

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Let's Manage Aging









For online registration please visit: www.indomedicon.com

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